

**MILLVILLE GREEN TEAM
ENERGY TIPS**

Everyone can afford to save energy!

**HERE ARE SOME NO COST OR LOW COST ENERGY SAVING
TIPS!**

Heating and Cooling:

- Don't set the air conditioning too low or heater too high! For every degree you raise the thermostat setting you increase consumption by 3 to 5 percent
- Use your curtains- during summer close them during the day to block the sun. During the winter close them at night to keep the warmth in
- Make sure heating and cooling vents are not blocked with furniture or other items
- Set water heater to 120 degrees F. and insulate the tank.

Home Appliances:

- Turn lights off when not in use. It is a myth that it costs more to turn them on, off and on again.
- Clean refrigerator condenser coils once a year and move refrigerator away from any heat sources
- Appliances can draw power even when you are not using them- turn them off when not in use.
- Group appliances onto power strips: microwave, toaster oven on one; iPod, cell phone charger, computer on another; DVD, TV, stereo on another strip
- If an item is charged, unplug it, then unplug the charger from the outlet.
- Turn off your computer monitor if you aren't going to use the computer for more than 20 minutes
- Wash only full loads of dishes and laundry. Use cold water
- Use energy saving setting on all appliances.
- Nothing is more energy efficient for cooking than your microwave. It uses two-thirds less energy than your stove.
- Your dishwasher uses less water than washing dishes by hand. Then let dishes air-dry to save even more energy.

Kitchen:

- Cook more one pot meals
- When cooking on the stovetop, use lids as often as possible.
- Cook big meals – it takes less energy to reheat leftovers in the microwave
- Recycle and reuse tin foil used to cover items when cooking
- If you cook with glass, remember to lower the recommended oven temp. by 25 degrees
- Cover all items in your refrigerator to prevent moisture evaporation- extra moisture makes your refrigerator work harder

Transportation:

- Keep your tires properly inflated. It can save up to 7 cents per gallon and improve mileage by 3%
- Check and replace air filters, and change your oil regularly
- Consider walking, biking and car pools
- Combine your errands into one trip
- Drive sensibly: speeding, accelerating quickly, and heavy braking can cut your gas mileage
- Use cruise control for highway driving
- Don't carry too much junk in your trunk!
- Don't idle your engine.

Doors and Windows:

- Weather strip, seal, and caulk leaky doors and windows and install foam gaskets behind outlet covers
- When buying new windows make sure they are energy star certified